

PE PORTFOLIO ACTIVITY

- INCREASING LITERACY SKILLS

PE Activity – Research and Learn More About Your FAVORITE Role Model!

By doing this activity you will be learning more about the people that you look up to as role models which can help you in learning how to become successful! In addition, you will also be improving your reading and writing skills!

On your iPad, phone, or laptop do a Google search for a **biography** (a story of someone's life written by someone else) or an **autobiography** (a story of someone's life written by that person) on **ANY PERSON THAT YOU ADMIRE.**

This could be an athlete or non-athlete.

It could be a sports star like **Patrick Mahomes, LeBron James, Kobe Bryant, Venus Williams or Simone Biles.**

Or it could be a non-athlete; a celebrity, a well-known person, or anyone else that you have looked up to as a role model. As examples, it could be **Martin Luther King, Jr., Oprah Winfrey, Maya Angelou, or any person in the news.** It can be sports related if you would like but it doesn't have to be.

Try to **read at least one or two biographies each week.** If you don't have biography books at home you can do a Google search and read online biographies.

If the book or online biography is difficult for you to read, then ask a sibling, parent, grandparent, aunt, or uncle to help you read and do this activity with you.

If you can't find a biography on this person from your online search read several **online articles** to discover your answers.

After reading the biography online or doing your online research of articles about the person of your choice, **answer the following questions by writing in your "PE Portfolio":**

- 1. What is this person's name and briefly describe what they have done?**
- 2. Why did you choose this person to read about and write about?**
- 3. What did this person do to become successful?**
- 4. How did this person become successful? Or what things helped them to become successful?**

5. What was their educational background? Did they graduate from high school? Did they attend college? Where did they go to college? Did they receive any special training?

6. What were the struggles or challenges that they faced growing up?

7. How did they overcome those challenges that they faced?

8. What were their favorite quotes?

9. List how this person's early life growing up may be just like yours?

10. What did you learn from your reading and research on this person's life that you can apply to your own life?

11. What things can you do both now and in the future that can help you become successful?

If the biography is too difficult for you to read then have a parent, sibling, or other family member, such as a grandparent, or aunt or uncle help you read the biography. They will enjoy this activity also!!

Your writing activity to answer the questions above can be simply just answering the questions above or you can write in essay form as if you are telling the story of this person's life.

This can be a fun activity and it will definitely improve your reading and writing skills!!

If you want you can also do another fun activity of interviewing someone you already know. This could be a parent or other family member such as a grandparent, aunt or uncle. If you don't see this person very often you could talk to them on the phone. Ask them the questions listed above as if you are interviewing them on a TV show.

Make sure to write out the responses of the person you interviewed.

Include your written responses in your "PE Portfolio".

Remember, if you are having problems reading the biography or having difficulty with completing the answers for this activity, ask a sibling or parent to help you with it.

This can be a FUN family activity.

Your family members will enjoy doing this activity along with you!!